

American Legion Riders Post 223 Group Riding Guide

This guide is designed to establish the parameters for group rides to ensure a safe and enjoyable ride for everyone in the group.

Ride Captain

The Ride Captain is the person in charge of the ride. He/she has established the ride route and any stops along the way.

Tail Gunner

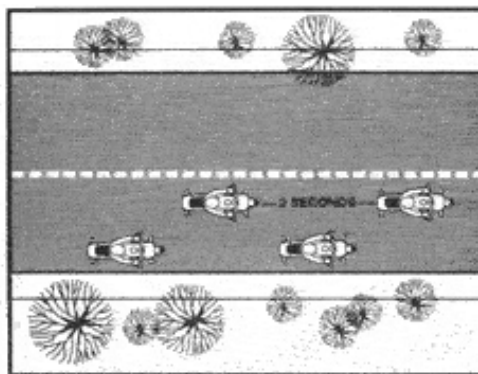
The Tail Gunner is the secondary Ride Captain and travels at the back of the group. The Tail Gunner also knows the exact route being traveled, as well as any stops. Should the group become separated (for example, at a traffic signal), the Tail Gunner will move to the front of the fragmented group until the lead group is reached, at which time the Tail Gunner will move to the back of the group.

Staggered Riding

Unless specified, all rides will be conducted in staggered riding formation. The lead motorcycle will be in the left 1/3 of lane, the second motorcycle should be in the right 1/3 of the lane, one second behind the first rider, and so on.

Leave enough room between each motorcycle so that any rider can maneuver to the right or left without hitting anyone else

Always stay in line with the bike in front of you. Do not switch between the left and right side of the lane.

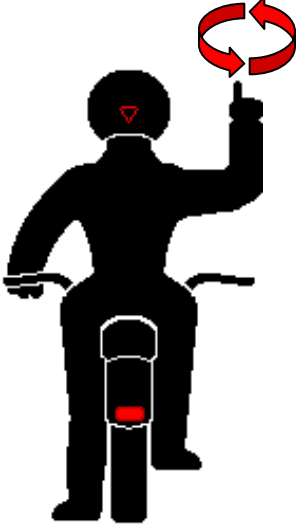

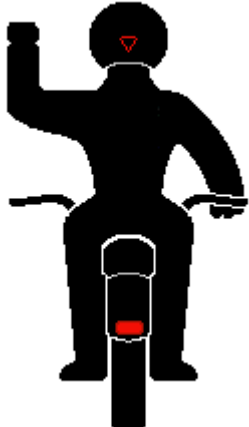


Single File Riding

All motorcycles ride in a single line, two seconds behind one another, in either the right or left third of the lane. The Ride Captain determines on which side of the lane the group will ride and when single file riding will be used.

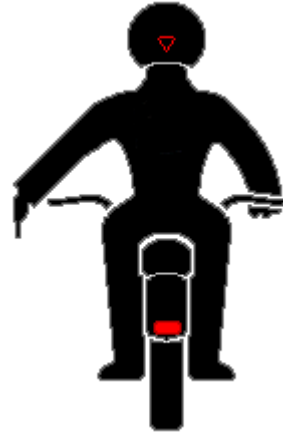
Hand Signals for Group Rides

All riders should become familiar with hand signals. These will start from the Ride Captain and be passed by each rider to the back of the pack.

<p>Start Engines</p> <p>With your right or left arm extended, move your index finger in a circular motion.</p>	 A silhouette of a person on a motorcycle, viewed from behind. The person's right arm is extended upwards, with the index finger pointing up. Two red circular arrows are drawn around the hand, indicating a circular motion.
<p>Left Turn</p> <p>Raise your left arm horizontal with your elbow fully extended.</p>	 A silhouette of a person on a motorcycle, viewed from behind. The person's left arm is extended horizontally to the left, with the elbow fully extended.
<p>Right Turn</p> <p>Raise your left arm horizontal with your elbow bent 90 degrees vertically.</p>	 A silhouette of a person on a motorcycle, viewed from behind. The person's left arm is bent at a 90-degree angle, with the hand pointing vertically upwards.

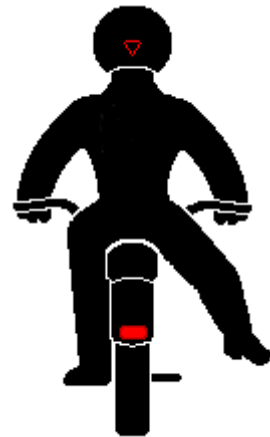
Hazard Left

Extend your left arm or foot at a 45 degree angle and point towards the hazard.



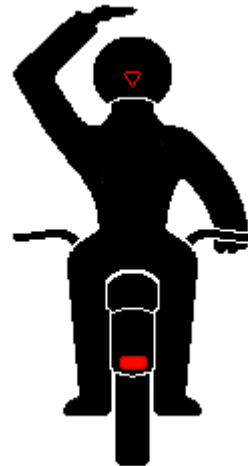
Hazard Right A

Extend your right foot at a 45 degree angle and point towards the hazard.



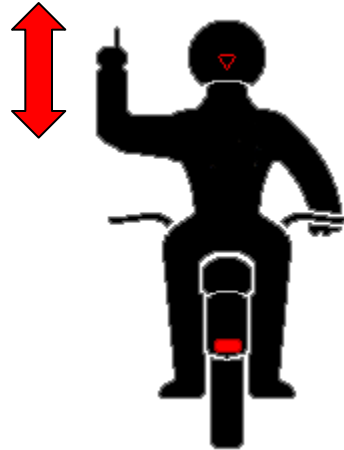
Hazard Right B

Extend your left arm upward at a 45 degree angle with your elbow bent to 90 degrees and point towards the hazard over your helmet.



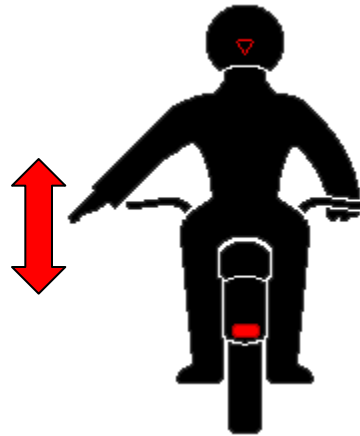
Speed Up

Raise your left arm up and down with your index finger extended upward. This indicates the Ride Captain wants to speed up.



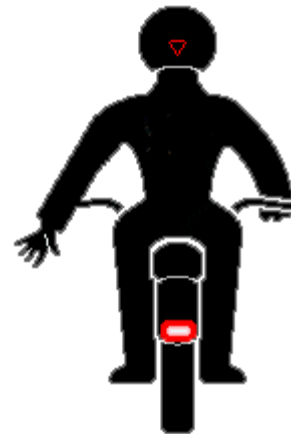
Slow Down

Extend your left arm at a 45 degree angle and move your hand up and down.



Stop

Extend your left arm at a 45 degree angle with the palm of your hand facing rearward.



Single File

Position your left hand over your helmet with your fingers extended upward. This indicates the leader wants the group in a single file formation. Usually this is done for safety reasons.



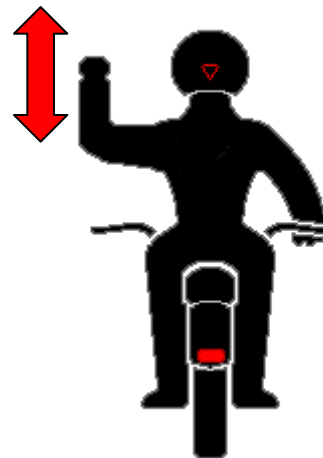
Resume Staggered Formation

Extend your left arm upward at a 45 degree angle with your index and pinkie finger extended. This indicates that it is safe to return to staggered formation.



Tighten Up

Raise your left arm and repeatedly move up and down in a pulling motion. This indicates the Ride Captain wants the group to close ranks.



Chase Vehicles

When possible, chase vehicles will be used for rides. They will travel behind the Tail Gunner.

What is a Chase Vehicle and what do they carry?

A chase vehicle is a car or truck which carries extra equipment for a group of motorcycle riders. This is a **suggested** basic list. You may not be able to carry all items listed. You may have more than one chase vehicle per ride and you can split the list with another vehicle.

For People

- Protein snacks
- Water
- Bottled water (bottles of water in an ice chest)
- Ice
- Gatorade
- Well-equipped First Aid kit to include:
 - Aspirin
 - Ibuprofen
 - Electrolyte tablets
 - Benadryl
 - Blanket
 - Towels
 - Latex gloves
 - Snap and shake cold packs
 - Space blanket
 - Antibiotic cream
 - Band-aids
 - Gauze pads
 - Bandage tape
 - Scissors

Stuff for Bikes

- Bungee cords
- Flag Tie Downs
- Ratcheting nylon tie-down straps.
- Fuses
- Duct Tape
- Electrical Tape
- Tow Rope
- Air compressor or air tank (for soft/flat tires),
- Tire Patch/plug kit
- Highway markers/flares,
- Reflective vests (for folks having to direct traffic around a break-down, etc.)
- Flashlights (the new no-battery type)
- CB radio
- Pre-paid cell phone
- Basic tool kit to include SAE and metric tools
- Loctite

- Jumper cables
- Battery charger
- Low jack with a flat plate that would go under a bike.
- Gasoline 1 - 2 gallons
- Crankcase oil
- Hypoid Gear oil
- Bailing wire
- Zip-ties / Wire Ties
- Assorted Hose Clamps (diff sizes)
- W/D 40
- Rags/Towel
- Hand Cleaner